



Salem Youth Lacrosse Practice Schedule

SPRING 2026



WILLOWS

MONDAY:

3rd/4th BOYS

5:30-7:00

3rd/4th GIRLS

5:30-7:00

SHS/CAGE

5th/6th GIRLS

5:30-7:00

7th/8th GIRLS

5:30-7:00

BERTRAM

5th/6th BOYS

5:30-7:00

7th/8th BOYS

5:30-7:00

1st/2nd BOYS

5:30-7:00

1st/2nd GIRLS

5:30-7:00

5th/6th GIRLS

5:30-7:00

7th/8th GIRLS

5:30-7:00

WEDNESDAY:

THURSDAY:

FRIDAY:

5th/6th BOYS

5:30-7:00

3rd/4th GIRLS

5:30-7:00

7th/8th BOYS

5:30-7:00

SATURDAY:

7th/8th GIRLS (Optional)

8:00-9:30

7th/8th BOYS (Optional)

9:30-11:00

1st/2nd BOYS

11:00 - 12:00

1st/2nd GIRLS

11:00-12:00

SUNDAY:

HOME GAMES

1:30-6:00

Home Game/Away Game Schedule will be released at a later date in-conjunction with MYL
Saturday practices at Bertram Field are an optional opportunity for 7/8th players