



# Salem Youth Lacrosse Practice Schedule

## SPRING 2026



### WILLOWS

### SHS/CAGE

### BERTRAM

#### MONDAY:

3rd/4th BOYS

5:30-7:00

3rd/4th GIRLS

5:30-7:00

5th/6th GIRLS

5:30-7:00

7th/8th GIRLS

5:30-7:00

#### TUESDAY:

5th/6th BOYS

5:30-7:00

7th/8th BOYS

5:30-7:00

#### WEDNESDAY:

1st/2nd BOYS

5:30-7:00

1st/2nd GIRLS

5:30-7:00

5th/6th GIRLS

5:30-7:00

7th/8th GIRLS

5:30-7:00

#### THURSDAY:

3rd/4th BOYS

5:30-7:00

3rd/4th GIRLS

5:30-7:00

5th/6th BOYS

5:30-7:00

7th/8th BOYS

5:30-7:00

#### FRIDAY:

7th/8th GIRLS (Optional)

8:00-9:30

7th/8th BOYS (Optional)

9:30-11:00

#### SATURDAY:

1st/2nd BOYS

11:00 - 12:00

1st/2nd GIRLS

11:00-12:00

#### SUNDAY:

HOME GAMES

1:30-6:00

Home Game/Away Game Schedule will be released at a later date in-conjunction with MYL  
Saturday practices at Bertram Field are an optional opportunity for 7/8<sup>th</sup> players